

See Yourself through His Eyes

Session 1: Introduction

The Real You

Day 1

Read Luke 7:36-50

What stands out to you the most about this story?

What do you think this woman thought about herself?

What do you think she was feeling and thinking about as she waited for her chance to approach Jesus?

What gave her such boldness?

Have there been people like Simon in your life who keep reminding you of who you used to be?

What did Simon think about himself?

Where was he finding his identity?

Here's the deal, girls. We've been given a false identity. We've been told things by our parents, our friends, our enemies, and ourselves. This is where it gets tricky, though. I want to highlight the fact that even the good things we think about ourselves can lead to a false identity. If you find your identity in how nice you are, how much people like you, or in words of affirmation, it is just as dangerous as believing the lie that you can't overcome the mistakes of the past. Anything apart from Christ is shifting sand. Your husband's view of you, your success at work, the amount of friends you have, your reputation...the list goes on...are not what define you. We need to deal here with the good and the bad. We need to look at anything and everything that defines us apart from Christ.

Take some time and journal about your identity. What are the things that define you? Where do you find your worth? Are there any lies that you believe about yourself? Is there anything that, if it was taken away, it would change who you are? Basically, ask God to show you what or who apart from Him are you looking to for your identity.

Day 2

Read Luke 7:36-50 again.

What does Jesus' interaction with Simon tell you about God's heart for you?

What does Jesus' interaction with the woman tell you about God's heart for you?

What does this passage say is important to God?

What does true worship look like based on this passage.

Take some time and journal about your worship. Are you holding anything back in your worship? When is the last time you became undignified before God? Is your worship based on how you feel or on who God is regardless of how you feel?

Day 3

Read Luke 7:36-50 again.

Pick one verse to meditate on today. Write it out.

Why did you pick this verse?

Is there any imagery in the verse?

What does the verse bring to mind about your life?

Are there any words you don't understand? Write them down and then look up their meanings either in a regular dictionary or on Biblegateway.com. What other verses have those words in them.

Does the verse bring up any questions in your heart?

Go to Biblegateway.com again. Look up the verse in different translations. Write out a few. What are the differences? Do you gain any new insight?

Day 4

Read Isaiah 62:3-4

How does verse 3 make you feel? Do you believe this to be true of yourself?

What are the names of the past described here?

When was a time you felt desolate or forsaken?

What are your new names?

Do you believe that God delights in you? How has he shown you?

Look up these verses and write down what it means to be the Bride of Christ.

Hosea 2:14-20

How has God won your heart? Does He need to win it back again?

Revelation 19:7-8

What does it mean practically in your everyday life to be the Bride of Christ? What difference does this make in how you view yourself and the choices that you make?

Day 5

Write out your goals for this study both with your relationship with God and the women in your group?

What do you hope God will do through this study over the next four months? Take some time right now and write out a prayer to him asking Him to do what you are hoping He will do.

What commitment will you make to build community within your group?